

# Norfolk's Fine Food

(Source of information: 'Produced in Norfolk')

## Dairy

Eggs - Horsford  
Milk - Melton Constable  
Cheese - Wells

## Meat

Turkey - Attleborough  
Chicken - Attleborough  
Beef - Little Fransham  
Lamb - Tittleshall  
Pork - Hindringham

## Fish

Smoked Fish - Cley  
Crabs - Cromer

## Vegetables

Potatoes - Great Yarmouth  
Cauliflower - Aylsham  
Carrots - Aylsham  
Broccoli - Aylsham  
Peas - Aylsham  
Onions - Aylsham  
Beans - Aylsham

## Fruit

Plums - Burnham Market  
Strawberries - Wicklewood  
Raspberries - Wicklewood  
Blackberries - Wicklewood  
Blueberries - Wicklewood  
Apples - Wroxham

## Seasoning

Herbs - Kings Lynn

## Confectionary

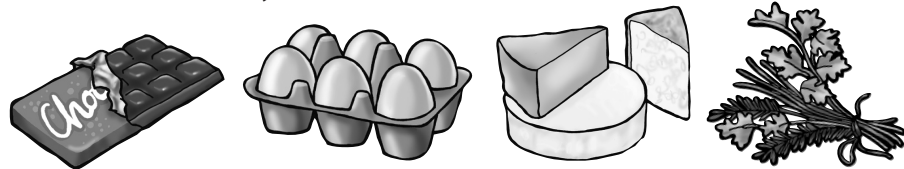
Chocolate - Norwich

## Drinks

Apple Juice - Wroxham

## Miscellaneous

Ice cream - Holkham  
Cakes - Fakenham  
Honey - Surlingham



**Produced in Norfolk:** A co-operative formed in 2005 and made possible by money from Defra together with support from businesses and local people in the County of Norfolk. They promote products that are genuinely made in the County and work to open new markets for Norfolk businesses locally, nationally and abroad. For further information visit [www.producedinnorfolk.com](http://www.producedinnorfolk.com) or telephone 01603 424102



## A message from Kinsale Junior School & The Aquila Club

In the Autumn Term 2007 we decided to enter the '**Food and Farming Challenge**' organized by the **Norfolk Education Industry and Commerce Group**. For this we made a board game, '**Norfolk's Fine Food**'.

To find out where certain products were produced/grown we worked with **Produced in Norfolk**.

We visited a couple of local toy shops (**Kerrisons and Langleys**) to carry out our market research. Here we learnt that **Orchard Toys**, the United Kingdom's leading manufacturers of games, puzzles and activities were based in Wymondham, which isn't far from Kinsale Junior. We contacted the company who invited us to visit them to see at first hand the production of a board game, from the design stage through to the game coming off the production line.

We were very inspired by our visit to Orchard Toys and went away from the company with a big idea; to get our game produced and into every Norfolk school with primary aged children (over 300 schools and 50 000 children). We were given the opportunity to share our work at the 2008 Royal Norfolk Show, which was great fun. We also went back to the design team at Orchard Toys to discuss our ideas and get advice from them.

To cut a long story short, we had lots of fun working together making the game and have learnt a lot, especially about having to keep working hard to achieve our goal. As we couldn't afford to produce the game ourselves, we went out to persuade companies to sponsor our game, so huge thanks to **Caley's** and **Kettle Chips** as they were both prepared to sponsor the game. However, to our huge delight Orchard Toys very generously offered to produce the game themselves, so in the end sponsorship was not needed (both companies were able to allow us to keep the money which has gone directly to our School's chosen charity of the year, **Norfolk Young Carers**).

So here it is! We hope you enjoy playing our game! Have fun and let us know what you think, e-mail us at: [office@kinsalejunior.norfolk.sch.uk](mailto:office@kinsalejunior.norfolk.sch.uk)

The Aquila Club; Ailsa, Charlotte, Hollie, Emma, Charles, Callum and Aa'ishah (we are a small group of children who enjoy a challenge and we attend a weekly club before school).

## Norfolk's Fine Food

This game helps players to find out where different foods are produced in Norfolk and the importance of eating a healthy balanced diet.

### Players:

4 players or teams

### Contents:

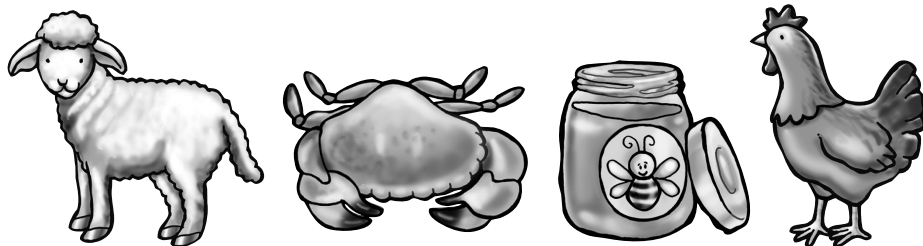
8 meal/shopping list boards  
(one on each side of four boards)  
30 food cards  
1 jiggled playing board  
4 counters  
1 die  
1 instruction/information leaflet

### Object of the game:

To be the first person or team to collect the ingredients for your meal and land on a cook square.

### Educational Links:

- Learning that you must have five fruit and vegetable portions every day.
- Learning that our county of Norfolk can produce everything we need to eat and drink so we have a balanced diet.
- Learning where certain foods are produced in Norfolk.
- Learning that it is a good idea to buy locally sourced produce as it reduces air miles and helps local employment.



## How to play the game

- Assemble the playing board.
- Place all the food cards on the map of Norfolk, matching card to place. Some places will have more than one card on them.
- Choose a coloured counter and corresponding meal/shopping list board. You may choose to play with either side of the meal/shopping list boards.
- Put all the counters on the **GO** square.
- Take turns to roll the die and move around the board. When you land on a square that you need for your meal, collect the matching food card from the map and place it on your shopping list board.
- If you land on a **HAZARD** square, you lose one card (return this to the map). If you don't have a card to lose, you must move back 2 spaces.
- If you land on a **BONUS** square (Caley's Chocolate or Kettle Chips) you are allowed to pick up one card that you need for your meal from anywhere on the map.
- If you land on a **SOUPER** square you can take any one food card away from an opponent, placing it back on the board. If this is a card you need, you can take it for your own meal.
- If you land on a **JUMP** square, you can jump to any other jump square on the board.
- When you have all your food cards, you must land on a **COOK** square. When you do, your meal is cooked and you have won!

### The winner:

The winner is the first person or team who collects all the ingredients for their meal and cooks it.

