



Salt Dough Hand Decoration

This Christmas decoration is something you can keep for years to come!

Enjoy making this decoration, then bringing it out every year to see how much your hand has grown. A simple and personalised craft activity.

You will need:

- 150g plain flour
- 150g salt
- 75g water
- Rolling pin
- Baking tray
- Mixing bowl
- Circle cutter
- White paint
- Glitter
- Glue
- Ribbon
- Pencil
- Paintbrush



1 Ask an adult to preheat the oven to 120°C. Mix the salt, flour and water in a bowl until it forms a dough. You may need to add more flour if it becomes sticky.



2 Make into a ball, then roll the dough to 1/2 an inch thick.



3 Using a cutter big enough to fit a hand print inside, cut the dough, then firmly press your hand at least half way into the dough. Make a hole in the top with a pencil.



4 Ask an adult to put the decoration on an oven tray and into an oven preheated to 120°C for an hour. Turn over, then cook for a further hour. The dough will then be hard. Allow to cool thoroughly.



5 Paint the dough with white paint and allow to dry. Then use a paintbrush to spread glue inside the handprint. Sprinkle over glitter and allow to dry. Now all you need is a ribbon to thread through the hole and you can hang your decoration on the tree!

Makes a perfect Christmas gift for a friend or relative!

