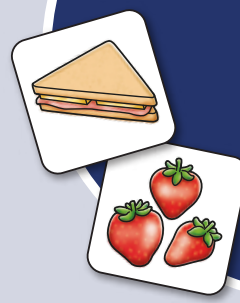


Lunch Box Game

Be the first to fill your lunch box with tasty items in this fun memory game

More fun!

For FREE printable activities including colouring sheets, tasty recipes and craft ideas visit 'Things To Do' at: www.orchardtoys.com/thingstodo

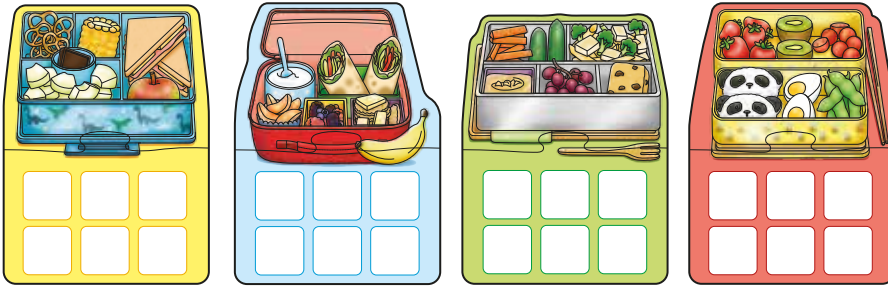


Contents

• 4 jiggled lunch box boards • 24 item cards

Setting up the game

Each player pieces together a lunch box board.



Spread the item cards face down on the table.



1 Pick a card

The youngest player starts.

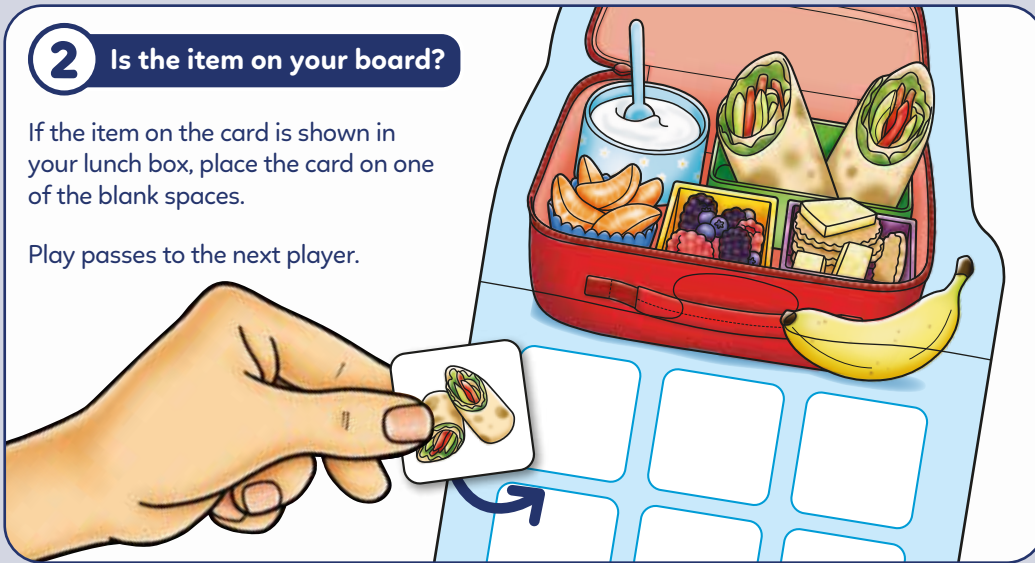


Turn over a card from the table.

2 Is the item on your board?

If the item on the card is shown in your lunch box, place the card on one of the blank spaces.

Play passes to the next player.



3 No match

If the item on the card **does not match** an item on your board, show the card to the other players and return it face down to the table.



Play passes to the next player.

4 The winner

The winner is the first player to fill their board with all six matching item cards.



Talk about different types of food

Take time to talk with your child about different types of food. Can they name some foods that are good for you? Maybe some that are less so? Do they know where carrots grow or where milk comes from? Ask what food belongs in the fridge or the cupboard/pantry. What foods do they like or dislike and what would they put in their lunchbox?

Ask these and other questions to help your child learn about different foods and the importance of enjoying all food as part of a balanced diet and lifestyle.

